### HOME OF CARE AND PROTECTION (HOCAP)

#### equal opportunities for all children

P.O. Box CE12024, Tema Ghana, Tel: +233 (0) 303 300380, Cell: +233(0) 208 113 285 website: www.hocapmissions.org



CHRISTIAN NURTURE



HEALTH AND SANITATION



AGRICULTURE

COUNSELLING SERVICES

PLEASE SEND YOUR DONATIONS TO

MOBILE MONEY(MTN) 0243423279 NAME: HOCAP ECOBANK (USD) ACCOUNT NUMBER: 2441000576550 SWIFT CODE: ECOCGHAC

EDUCATION

**HELP PUT A** 

SMILE ON A

**CHILD'S FACE** 

ECOBANK ACCOUNT NUMBER: 1441000576550

### PRESENTATION TO SOCIAL WELFARE SEPTEMBER 2021 TO SEPTEMBER 2023

# WHO WE ARE

- HOME OF CARE AND PROTECTION (HOCAP) is a Christian NGO working with deprived children, deprived orphans and deprived widows in rural and urban poor communities. The main objective of HOCAP is to ensure that children have equal opportunities in life wherever they find themselves. Our entire focus is based on Psalm 68:5: "God, who lives in his sacred temple cares for orphans and protects widows" (GNB). HOCAP is therefore dedicated to helping the needy especially deprived orphans, deprived children and widows.
- HOCAP was incorporated under the Companies Code, 1963 (Act 179) on the 3rd of September 2009. On the 7th of December 2009 the Department of Social Welfare under the Republic of Ghana gave a certificate of recognition with registration no D.S.W / 4358. The Ghana Education Service gave a certificate of recognition with registration no. GES/GAR/TMA/NGO/026/09 on the 22nd of September 2009 authorizing HOCAP to provide facilities and services in their schools.

# DEPARTMENTS

#### **CHRISTIAN NURTURE**

Helping develop children and the entire community through Christian nurture

#### **EDUCATION**

Establishing early child hood development centers in deprived communities. Assisting children in rural areas to have equal opportunities in education. Vocational training and skill building

#### HEALTH AND SANITATION

Supporting communities to be health conscious, sensitization of parents of the need to make sure children have access to proper health care

#### AGRICULTURE

Empowering communities through sustainable agricultural activities

#### **ADVOCACY**

Working with associate bodies and district assemblies to propagate the need to provide equal opportunities for all children

### **CHRISTIAN NURTURE**

During the Christmas festivities, HOCAP gave Christmas love boxes to 150 children in 3 orphanages. Each Christmas love box contained food, drink, crockery, cutlery, stationary, towel and sponge. All children in the Nyitawuta community and its environs received 250 love boxes. In total, 400 children were reached with the love boxes. The joy on the faces of these children and the entire community was overwhelming.



### **CHRISTMAS PARTY IN NYITAWUTA**

### Children are fed

#### Children receive love boxes





#### **CHRISTMAS CELEBRATION WITH THREE OPHANAGES**

#### The Rema children's home

### Power of Love home





### NYITAWUTA COMMUNITY DONATION

- There was a donation of clothes, books, furniture among others things to community members.
- HOCAP during the COVID period moved from its office in community eight and in 2021 handed most of the furniture in the HOCAP office to the Nyitawuta community.



# **EDUCATION**

HOCAP gave Nyitawuta community four more Solar lamps in the recreational garden to help the final year students study towards their national exams.

HOCAP continued to pay two teachers to teach the students preparing for their exams.

We are happy to say that the exams was written by all the students and we are hopeful that they will do well to go to their next stage on the education ladder. There was a thanks giving program when the exams was done for the entire community, this was basically to allow the students display various talents. HOCAP supported the program and we are happy to say that nearby communities who came to witness the program have approached HOCAP to bring such educational programs to their communities to encourage their children to go to school

## **EDUCATION**

### Talent display



### JHS Graduates celebrates



### **EDUCATION - VOCATIONAL TRAINING - BAKERY**

- Most often when students are done with their exams and are idle waiting for their result, some end up engaging activities that do not benefit them and in the process end up becoming school dropouts. HOCAP has therefore put in place an educational program to occupy the students whilst they wait for their result.
- HOCAP is happy to announce that a commercial oven was purchased for the community and a facilitator was engaged to train those interested in baking, especially bread making.

- it was realized that in the entire community no one bakes bread and they have to travel to the neighbouring communities before they can buy bread.
- The target of this baking project is to equip interested community members with the skill and also to eventually become an income generating activities for community members.
- The first batch of the training went on successfully

### **EDUCATION - VOCATIONAL TRAINING - BAKERY**

- To make this project sustainable HOCAP paid for the initial cost of entire training.
- Members have been taught simple book keeping methods.
- Apart from the initial money invested by HOCAP into the project, members owned it by selling he products and reinvesting it into the bakery.



### **EDUCATION - VOCATIONAL TRAINING - BAKERY**

### Baking chips



### Preparing plantain chips



## AGRICULTURE

The group in Nyitawuta who were supported during the major season have all harvested their maize and other product. The HOCAP demonstrated farm were worked on by the community members and the agricultural extension officer in the district that was engaged in the district to support the farmers did his work very well and by God's Grace the harvest yield was very good.

- the community have been supported with maize seed for the minor season.
- The rest of the mango seedlings for the five archer land given by the community for demonstration farm was also planted. In total 400 mango seedlings were planted in September and plants are doing well

## **AGRICULTURE** GARI PROCESSING

Gari is a staple food in Ghana and is processed from cassava. HOCAP supported the community leaders to supported the community leaders to be part of the gari processing training program. This training was very successful. The target was to encourage the community to add value to their product to get better price on the market. The women's group has since the training appealed to HOCAP to equip them with more training and set the gari processing factory in the community. HOCAP has paid for the gari processing machine and is currently being fabricated in Accra and is expected delivery is in six weeks.



# **HEALTH AND SANITATION**

- HOCAP supported a community member to undergo an eye surgery.
- All reviews have been done and the man have since returned to his carpentry work.
- He is the one who made the furniture for the women to use in the bakery.

- There was a medical emergency in the community, A man swallowed a bone that got stuck in his throat.
- The community rushed him to the hospital and by the Grace of God he was attended to and discharged with HOCAP paying for the entire bill since the man could not afford to pay.

### **HEALTH CONSTRUCTION OF CLINIC BEGINS**

### Clearing the land



### Digging the foundation



The phase two of the clinic building project for the Nyitawuta community started on 2<sup>nd</sup> November, 2021. The materials for the building was sent to the community in batches, again this was due to the fact that the road is bad and most vehicles refuse to take materials to that part of town. The youth of the community were very helpful; they helped carry all the materials to the actual site of the building from where it was dropped off by the vehicles since they were unwilling to take it to the actual site to avoid their vehicles getting problems due to the nature of the road.



- Immediately materials arrived in the community fully, men were engaged to start moulding the blocks.
- Local workers from around the community who knew how to mould blocks were engaged and together with support from the community over 2000 blocks were moulded.
- The contractor had on board four permanent workers who began the mason works of laying of the blocks once moulding was completed.
- The carpenters also started to work on the wood, we are glad to say that all the carpenters were hired from the community and the surrounding communities.

- The metal work also began, the contractor brought in a steel worker, who worked on all the steel to be used.
- By the end of December the phase two of the project had come to an end, the block work were all completed

### Carpentry work on roof

### Aluminum roofing





## **2022 ACTIVITIES**

# **CHRISTIAN NURTURE**

- HOCAP runs a yearly Christmas Party for the entire community, food, drinks, water, clothes among other things are shared for the community members.
- Neighboring communities also join in the celebrations.
- The most important aspect is that the word of God is preached to the community.

- Each child received a love box that contained different types of gifts which were essential needs of the children.
- The love on the faces of these children as some of them opened a gift for the first time was amazing.
- HOCAP gave some of the harvested maize from the HOCAP demonstration farm to three orphanages after harvesting.
- HOCAP paid the electricity bills for the entire year for the Rema home

### **2022 CHRISTMAS PARTY PICTURES**

### Volunteers at work

### Children receive love boxes





### **2022 CHRISTMAS PARTY PICTURES**

### Sharing the word of God

### Volunteers sharing food





## **EDUCATION - LAPTOP DONATION**

- HOCAP was grateful to have received a donation of 15 laptops.
- The laptops was meant for the Nyitawuta community, however due to the absence of electric power in the community, donating of all laptops was not done.
- One laptop was donated to Michael, a Senior High School student in the community to assist in his education.
- A second laptop was also donated to a teacher in Nyitawuta, Dominic who assists the children in the community with extra classes.

The children were overwhelmed to have a teacher teach them with a laptop. For most of them, this was their first time. The teacher usually charges the laptop in a neighbouring community so it can be used the next day for ICT lessons in school.



# **LAPTOP DONATION**

HOCAP donated three more laptops to the Nyitawuta community school teachers to help with teaching and learning within the community. The district officer who was present was very appreciative of this kind of donation. This donation also served as an incentive for teachers working in the very remote community like Nyitawuta.



# EDUCATION

- The results of the 11 children who were supported by HOCAP for the Basic Education Certificate Examination have been released.
- There was a significant improvement in the results obtained and this can be attributed to the extra resources like extra classes, books and hiring of additional teachers that were provided.
- The next phase of Educational support for children in First, Second and third years of Junior High School has commenced.

The support to Junior high schools went on successfully. the Junior Secondary students who took their national exams were given books from HOCAP.

- Fortunately, HOCAP did not have to buy new books but the previous books that were bought by HOCAP and used by the past student was passed on to the final year students
- The students have completed their education successfully.

# SCHOLARSHIP

- HOCAP sponsored Belinda from Nyitawuta who gained admission to the University of Ghana and her mother could not afford to pay her fees fully.
- This brings to two (2) the number of girls who have been sponsored from the community to undertake higher education.
- HOCAP continues to support Ernestina in her vocational training. Whilst she was on vacation, HOCAP gave her some capital to bake bread and sell in the communities. This will help her, so she can put into practice what she learnt in school. It will also keep her busy so that she will not be idle during the vacation.
- Ernestina has completed her vocational training and the picture is one of her practical sessions whisht she was in school.



### **EDUCATION - VOCATIONAL TRAINING**

- HOCAP purchased a cassava grater and a cassava presser for the women group in Nyitawuta community.
- This was to enable the women start-up businesses in gari (cassava flakes) processing. This would add value to the cassava planted by the members of the community. This would not only increase their income but encourage more members of the community to go into cassava plantation. Having in mind that there is a ready market in the community for the women to buy the cassava and process into gari.
- Introducing this machine in the community has encouraged the women to buy more bags of cassava from other communities for gari processing. The women leaders have been adequately trained and are guided to efficiently use the machines to teach their fellow women how to also use the machines.



### **WOMEN USING THE CASSAVA PRESSER**

### Gari presser fixed



### Pressing in progress



### **CASSAVA GRATER AND ENGINE FIXED**





# AGRICULTURE

- The harvesting of maize in the minor farming season was a successful one. The HOCAP demonstration farm was also a partaker of the successful harvest.
- During the major farming season which starts in April 2022, community members will be supported with cassava sticks for their plantation.
- The aim of this activity is to encourage more individuals to farm cassava which is the raw material for the Gari processing.

In collaboration with the Agricultural office in the district, the community received a lot of cassava sticks for planting. This is to augment the efforts of HOCAP to make sure the entire community plants cassava which will serve as the raw material for the gari processing (corn flakes).

- A new shed has been constructed for the women and also a new brick smokeless oven. Other items that the women need to start operating the gari processing (corn flakes) have all been provided.
- The women are now set to start working to add value to their product which will generate more income for them and the community at large. Gari processing has began and we look forward to a continuous production.

#### **CONSTRUCTION OF SMOKE LESS STOVE FOR GARI PROCESSING**





## AGRICULTURE

- The women group that was equipped to start processing cassava into gari have taken the project seriously and even though HOCAP's presence was limited during the period under review the women them selves were able to keep the gari processing on going and went ahead to even make a gate for the facility so that goats and other animals are unable to come to the gari processing facility.
- This brings us lots of joy because once the community begins to own the project there will be self sufficiency and when HOCAP pulls out to another community there will be sustainability.



# **TREE PLANTING**

- In the month of June HOCAP sent
  300 tree seedlings to the community,
- All school going children, teachers and parents available received various plants and these were planted on the 1<sup>st</sup> of June 2022.
- The children were also educated on the importance of planting trees and the need to take care of our environment.



### **MEDICAL OUTREACH – PERSONAL HYGIENE**

- HOCAP engaged the services of a medical team who took the Nyitawuta community school children through a medical talk and physical examination.
- There was a talk on personal hygiene which included nail cutting, hand washing, care for the entire body with emphasis on dental care
- There were teaching aids to demonstrate to children how to take care of their teeth and the effects of not taking care of one's teeth.
- There was physical examination of almost 150 children from lower primary to junior high.
- All children received a tooth brush and a tooth paste for dental hygiene



#### **MEDICAL OUTREACH – PERSONAL HYGIENE**

### Each child examined



# Children receive tooth brush and tooth paste



### **MEDICAL OUTREACH – PERSONAL HYGIENE**

**Observation from medical outreach**: from the examination, most children had ear infection, ear wax, anaemia, spiking temperature. Most children had tooth decay and patches on their skin. Some had itchy skin and there were still issues on what females use during menstruation. The major challenge identified was malnourishment.

**Recommendation**: the medical team recommended that HOCAP does a regular follow up to treat ill health among these children who suffer because there is no medical facility in the community. They also recommended that the school be provided with a first aid box.



About 80% of the work on the clinic is completed. All electrical works are completed: full conduit wiring is done and all fittings have also been fully installed. Plumbing fixtures have been bought and installed. We are happy to also say that a bio digester toilet system has also been constructed.

The mason also completed the screeding and plastering and tiles have been installed in all the rooms. The carpenter is done with the ceiling, louvres and all internal doors have been put in place with two security doors at the main entrance.

An overhead water tank has been bought and the mason is currently working on the stand where the water tank will be mounted. This will be used to harvest rain water during the rainy season for use in the clinic.

When all the above work was completed, it was realized that there was a need for at least one bath tub in the clinic. This is currently being worked on.



### **HEALTH CLINIC CONSTRUCTION COMPLETED**

HOCAP is happy to announce that the clinic is in its final stage now. The phase 4 is completed, doors, windows, plastering, tiles, fixing of electrical fixtures like fans have all been completed. What is currently left is bathroom fittings, bio digester for the wash rooms and finally, painting.

- The clinic building is on going. We are grateful to God that we have been able to build the bio gas and also fixed all the plumbing fixtures. There was the need to do an expansion to add one more bathroom and this has been completed. The overhead water tank is being fixed over this weekend. It is our prayer that the clinic will be operational by the end of the next quarter in the year 2023.
- By the Grace of God the clinic building is completed. The water tank mount was completed and a rain harvest system was installed. The tank is currently filled with rain water that was harvested. The bath tub is also completed. The plumber has done the final work to see if water runs through all the taps and that was successful. The painting work is completed both inside and outside. All extra tiling work that was left have been done and the bath tub that was created is also completed.



# **SOLAR LAMP PROVISION BY VEG**

- The Village Exchange Ghana(VEG) in collaboration with HOCAP installed a solar system on the roof of the HOCAP clinic and distributed solar lamps to community members.
- The community members come to a section of the clinic facility to pick their charged lamps.
- We are looking forward for Village Exchage Ghana to extend the solar system to be used at the clinic when operations begins



# **2023 ACTIVITIES**

## VISIT TO NYITAWUTA COMMUNITY

- A family for the Westminster Presbyterian church in Albany visited the Nyitawuta community to see how the clinic project was fairing
- They were very impressed at the completion of work done and inspected other projects undertaken by HOCAP in the community
- They also interacted with the community members and the chief elders who showed much appreciation to the work of the Church in the community.

- The PCG director of department of social services and her team visited the Nyitawuta community to inspect the clinic project
- The team interacted with the community and assured them they will work together with HOCAP to see to it that the operations of the clinic begiins once's all documentations have been completed.
- Among the team who visited was the Chairperson of the Dangbe tong Presbytery and the DSS director of the Presbytery.
- They were happy and looked forward to starting a church in the community

### FURNISHING OF THE CLINIC IN NYITAWUTA

- To the glory of God the clinic has been furnished
- The OPD, is furnished with a table and chair for the staff and also chairs for clients visiting the facility. There is also a wheel chair at the OPD.
- The pharmacy/ dressing room is also furnished with a table and chair, two step medicine trolley and a cabinet for storage

- The doctors office is furnished with a table and chair and an examiniation bed
- The delivery room is furnished with a delivery bed.
- The detaining room is furnished with one crank bed, ward screen and a drip stand

# **Education- Scholarship**

- In 2023 as HOCAP prepares to leave the Nyitawuta community, HOCAP is focusing on very needy but brilliant youth in the community to help move to the higher level of education.
- HOCAP with the help of Westminster is supporting three youth from the Nyitawuta community to go through their Senior High education. Support is mostly to help with the purchase of books and also help with other needs
- Michael who was also supported in his SHS education is currently being supported as he learns a vocation in solar installation
- Westminister is also through HOCAP, supporting a student through his senior high school. He is very brilliant but both parents are currently not in the position to assist with his education.

- Ernestina was assisted through her senior high education and also her vocational education. Upon completion she appealed to HOCAP to help her establish herself in a baking business.
- The oven that was given to the Nyitawuta community was handed over to her and a seed money to begin the business was given to her. The handing over of the oven and money was supervised by the assembly man of the community
- She has ever since started her business and HOCAP will follow up to see the progress of her work
- Belinda gained admission to the university of legon and was supported with her fees in the first year. Unfortunetley she had to defer her program in school because her mother who is a farmer in the Nyitawuta community could no longer afford to pay the fees. HOCAP has decided to get her back into school third academic year and pay her fees to the end by the Grace of God

On behalf of the children we serve, the HOCAP family wants to thank all who donated in various way to make the work successful from 2021 September to 2023 September